FROM

GOOD

TO

GREAT

THIS IS TOTALLY NORMAL

IT'S JUST
SOMETHING
YOU DO
AT THE OFFICE

YES!

- ✓ What you did last weekend!
- ✓ Book group or other nice hobby!
- ✓ Travel talk!
- ✓ Goals and dreams!
- ✓ Family and friends!
- ✓ Restaurant reviews!
- ✓ Good news

 (General news like a new baby)!

NO!

- ✓ Church or religion
- ✓ Political topic
- ✓ Pillow talk (about what you do in private NEVER ABOUT SEX LIFE!)
- ✓ Personal finances
- ✓ Drunkeness, drug addiction and disorderly behaviour
- √ Bad news